Spirituality is basically the Process of all-round Development of Personality-A Research Article

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Abstract

People have not yet understood the true meaning of spirituality, and spirituality That is why they hesitate to adopt it. People believe that spirituality means to live a life of scarcity and to suffer oneself. This definition of spirituality wants people to drift away from spiritual life, because they do not seem to have anything in it that can help them in their interest, whereas the truth is contrary. Spirituality has nothing to do with a person's external life, how he lives, what he wears, what he eats, and what he eats. The subject of spirituality is connected to the inner life of man. All the activities that make a person clean make a person full of joy. Gives a feeling of perfection, introduces oneself. Often unbelieving believers forget to consider righteousness as spirituality. But the difference between the two is very deep. The first is human, and the second is divine. The law can make people religious, but not spiritual. Righteousness is influenced by what appears outside, spirituality is mainly related to the heart.

Keywords: Spirituality, Knowledge, Religion, Meditation, All-Round Development Of Personality.

Preface

What is knowledge, The knowledge is the assimilation of external subjects, it leads a person from subtlety to subtlety, ie where such mentality is found, it can be called knowledge and where it is not there is no knowledge, what is the basis of knowledge where Knowledge is physical, the mind is the basis of knowledge there; where it is purely spiritual, there is its basis soul. Knowledge is the mind combined with the soul, who does not mix the mind with the soul, it is not knowledge but it is an illusion of knowledge that is why so-called knowledge creates an ego in the mind. If you see an egoistic person then you must understand that this person should not have knowledge Is rather a misconception of knowledge Spirituality, like idolatry has many different beliefs and Is the term used for methods, although it Does not share beliefs that are idolatrous or necessarily The existence of the soul is not created by faith or infidelity.

A general definition of spirituality can be that it Religion, which is a vision of attaining the feeling of godly flight is different from. To spirituality, often in such circumstances religion Is opposed to the concept, where religion is codified, Assumed as authentic, harsh, oppressive, or static. Whereas spirituality is an opposing voice, which in common parlance Reflects self-invented practices or beliefs, or those practices And beliefs, developed without any formal instruction has been done. This as access to a non-material reality Is described as an inner passage that allows a person to Enables discovery of the essence of existence, or "deepest value And the meaning with which people live. "Spiritual practice, in which Meditation, prayer and contemplation include a person's inner life, is intended for the development of. Such behavior is often a big truth resulting in a feeling of belonging to other people; A broad self is associated with the human community. Spirituality with nature or the universe or with divine sovereignty often in life as a source of inspiration or guidance is experienced. In this, believe in immaterial realities or Antastha's experience or the undetectable nature of the world.
Spiritual knowledge along with worldly knowledge

Worldly knowledge is physical-mental in its first level and mental after that. When this knowledge is implemented in the physical world, then it is mental-physical. This knowledge has little value in the physical world, but its value keeps changing. The principle that is preferred today changes tomorrow. What is true knowledge then? Real knowledge is the knowledge of the entity in which there is no change in them even by changes in country, time and person. Everything in this world is simple, that is, action is the result of reason and reason is the result of work. It has been going on like this. Where the causal element works, there is incompleteness. No one can ego with this knowledge or on the sources of this knowledge. Where it is purely spiritual, its basis is soul. Knowledge combines the mind with the soul. The one who does not mix the mind with the soul is not knowledge, but the illusion of knowledge. For this reason, arrogance arises in the mind through so-called knowledge. If you see an egoistic person, then you must understand that this person is not knowledge, but an illusion of knowledge.

The Veda states-"I say that I do not know, nor do I say that I know, because that divine power is known only by one who knows that God is beyond knowing and not knowing, "To know is a special mental stream."

The mistake of understanding righteousness as spirituality

Often unbelieving believers forget to consider righteousness as spirituality. But the difference between the two is very deep. The first is human, and the second is divine. The law can make people religious, but not spiritual. Righteousness is influenced by what appears outside, spirituality is mainly related to the heart.

The Word of God warns us that in the last days there will be many who will disguise devotion, but do not believe in its power—otherwise, they will be religious but not spiritual (2 Timothy 3: 5). They would be the people going to the congregations constantly, praying, and reading the Bible daily, and even attending fasting and prayer meetings all night, and paying their income, etc. But they will be people desiring respect from others, people who love money and are interested in whispers, etc. Such people are religious not spiritual. Those who disguise devotion, but do not believe in its power. Here are some examples.

If you are interested in going to synagogues (Galatians 5:24), more than crucifying the body with its longings and desires (Galatians 5:24), you are religious, not spiritual. If you are more interested in reading your Bible every morning than you control your tongue throughout the day, then you are religious, not spiritual. If you are more interested in fasting and prayer than you are free from the love of money, then you are religious, not spiritual. If you are more interested in spreading the gospel than having personal sanctification, then you are religious, not spiritual.

All the activities given in the above example are good. But this question is of priority. It is the right priority that makes a human being spiritual.

Religious people are only interested in the written word ('Written Code') and by doing this they are able to gain the righteousness of the system. But spiritual people are interested in being the incarnate of the existence of the Word, both in body and also in blood, and thus they attain the divine nature of God.

Religious people want to justify their comments by commenting on the words or actions of some of God's slaves. Spiritual people, however, never want to justify themselves in front of humans.

Religious people care more about man's opinion than God's opinion. Spiritual people only care about God's opinion. Religious people keep such words in mind for years which some ancient brothers might have said in their praise. Spiritual people on the other hand, like Jesus, will refuse to receive man's testimony (John 5:34). They know that the defects within them that they can see themselves cannot be seen by other people, and so they realize that the praise of people has no value.

Spirituality is basically the process of all-round development of personality. Through this, we are able to open the knots born in our personality from birth to birth, reduce the
energy stored in them and achieve our life goals. Klinjupajaj has chosen to speed up the process of its development.

The yogi says that there is a great void in the void and there is a void in this vast also. One who understands this great form of God by staying in this body. Able to experience it. The same is spiritual and for this, one has to experience life occurring beyond this physical visible life. Only the spiritual perspective is able to show the right path to humans and this should be the aim of our lives.

**Man is a combination of three different elements-Bestiality, Humanism and Divinity**

If we are drowned whole-heartedly in a task, then the spiritual process starts on the Vahi, because to know something superficially is worldly and to know it deeply is spirituality. The soul can appear in many forms. Someone gentle and shy May be or someone may be egoistic and overbearing. Any good May be devoted to work or a narrow selfish motive May be tuned to We are rich in character, his

Motivation element limited only to human qualities or human boundaries Should not be. But beyond all these our character's goal is to There should be an expression or realization of divinity, which is really in all of us. Already existing in disguise. This divine goal of life To nurture virtue, to divine our normal human existence To make, which we represent.

Man is a combination of three different elements-bestiality, humanism and Divinity. In this series more and more of the divinity of humanism To move closer will have to be made flawless. Primary to The remedy should be in the direction of curbing the person's tendencies. The result will be the achievement of true human character. From this position again May begin to move towards divinity. Ancient Rishis Divinity There are many ways to achieve:

Sathai, whose ordeal we find in the story of Satyakam is. Controversy of ordinary life, unlike the plethora of Vilasita. A feeling of happiness and benevolence. Easy respect for big and special people. Honesty, honesty and moral hesitation. To protect oneself from evil, greed, jealousy, enmity and violence.

**Eligibility**-Everything that is nearby can be destroyed. That poor destitute also May be but can also recover a lot. But it The thing cannot be said about his character. When a person the character is destroyed, it can never be recovered can. Raja Vikramaditya's brother Bhatruhari has written three extraordinary books-In Nitisakatam Vairagyashhtakam and Shringarasatakam Nitisakatam he Have made poignant comments on the character. In about 64 verses, he has human Described all the dimensions of the character, and mainly human beings have three Divided into categories, they are good and good, honest and complete and regular Life And most of the time are engaged in philanthropy. Others There are those in the group who are autism bound to seek their happiness Only those who do good to others, follow the law Do not do it but for fear of punishment, the third class is the most deadly Those who are called demons in human form with all selfish values Wicked and unarmed, completely without cost to others. Everything is ready to go.

In order to be physically healthy and energetic Physical Health: You understand very well that anything Will happen. Habit of doing any kind of exercise that you like Put it You will want to do it every day. So that your health Remain.

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Embodying specific qualities in personality

Friends keep facing successful and unsuccessful everyone in life, success is found by those who embody specific qualities in their personality and live them. Whereas failure is found by those who work hard for success only by not paying attention to these qualities. Working hard is not enough for success, there are many things which need to be adopted. Those who succeed frequently and whose success is an integral part of their life. There are some special things in his person. Which I am writing below.

1. Not afraid of change-Successful people are flexible. They do not expect to be what they think. Therefore, you can easily tolerate any kind of positive or negative changes that come suddenly. And prepare themselves for new situations. Their biggest feature is that they do not repeat their mistake, but improve. Identify the mistakes you have made immediately. And they also accept them.

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2. Think ahead-Successful people never waste their time thinking about their small commissions or adversity. He always thinks ahead and feels his responsibility or despite knowing his commissions. Such people believe that everything in life is not always favorable. They are not used to living in the past. Such people do not stop frustrated by their failure nor waste their time celebrating more than necessary on their success.

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3. Self control-They have a great mental fortitude and they have great control over their emotions. Other people cannot run them according to their will and neither can they easily hurt their feelings. They do not even fear that they should not be alone or that they are disobeying what they are saying. Such a successful person does not depend on others and trusts himself and remains alone.

4. Be patient-Successful people never bet too soon. It patiently implements its plan O in a phased manner. And copy its results. Such people never panic. Nor does it show rashness. It is well known that it takes some time to get good results.

5. Use your energy properly-Successful people never bother about their problems. They know better that arguing, worrying or worrying about events over which they are not in control is a waste of time and it is their goodness to not do so. They focus their energies on things that can give them some benefit or with which they can further their goals.

Do you know?

6. Challenges and dangers do not panic-Successful people are not afraid to move in any direction in life. They are aware of the challenges faced in doing any work and they also have a good sense of the dangers. But they know how to deal with them. They assess the potential loss due to lack of work and the potential benefits from being successful. They are well aware that it is not possible to achieve great successes without accepting the challenges.

7. Don't expect support-Successful people help others. But do not expect him to help them too. They expect the opportunity to the best of their ability. Do not want any help based on recommendation or advice.

Friends, successful people do not run after any kind of success, they are successful in different dimensions of life. Their behavior attracts people. The way they work is different and special. They are just like ordinary people. Live a normal life But due to many features, they make their personality extraordinary.

The real purpose of spiritual education is to develop the inherent qualities of human to do

Accurate knowledge of how spiritual education is and in which direction it is going It is necessary to look towards the objectives of education to achieve. Of purpose A teacher without knowledge is like a sailor who has knowledge of his goal Does not happen and its
students are like that rudderless boat that the sea
The waves are flowing towards the coast eating
the waves. Human life Education has an
important place. Without spiritual education
man's personality is narrow and Remains
annoying. That is why it is said that life without
'knowledge' Is bleak. ‘Andham Tam Evagyanam’ -(Vishnupuran-6/5/62)

A Vedic sage says, "If a man is greater than
another, then This does not mean that he has any
extra eyes or hands Rather it grows larger
because of his intellect and brain through
spiritual education More intense and complete.
"Akashnvanta: Karnavantah: Sakhayo
Manojaveshu Asamayi Bhuhuh." -(Rigveda,
10/7/17)

Conclusion

Therefore, we can say that in present times for
spirituality Self-development has an important
contribution of its own. Of spiritual
development It seems incomplete without
attaining spirituality. Spirituality And self-
development is the aspect of one another. Many
factors affect the process of personality
development, some determinants affect the axis
of personality ie self-determination, some
factors affect the transcendental properties, but
none of the factors affect any one aspect of
personality but the whole personality is affected
by who. The effect of the factors will be greater
depending on whether the effect of that factor in
the child is even The qualification how
Hagr Jasekkisi beautiful baby if it's people are his
praise of its positive effect on her personality
Pdegady.

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